



# Testopel

(testosterone pellets)

Fax completed form to: (855) 840-1678  
 If this is an URGENT request, please call  
 (800) 882-4462 (800.88.CIGNA)

PHYSICIAN INFORMATION			PATIENT INFORMATION		
* Physician Name:			*Due to privacy regulations we will not be able to respond via fax with the outcome of our review unless all asterisked (*) items on this form are completed.*		
Specialty:	* DEA, NPI or TIN:				
Office Contact Person:			* Patient Name:		
Office Phone:			* Cigna ID:	* Date of Birth:	
Office Fax:			* Patient Street Address:		
Office Street Address:			City:	State:	Zip:
City:	State:	Zip:	Patient Phone:		

**Urgency:**

- Standard  Urgent (In checking this box, I attest to the fact that applying the standard review time frame may seriously jeopardize the customer's life, health, or ability to regain maximum function)

**Medication requested:**  Testopel 75mg

Dosing: \_\_\_\_\_ Duration of therapy: \_\_\_\_\_ ICD10: \_\_\_\_\_

Is this a new start or continuation of therapy? If your patient has already begun treatment with drug samples, please choose "new start of therapy".

- New start  Continuation of therapy

(if Delayed Puberty or Induction of Puberty in Males) Has your patient already been treated with Testopel for 6 months or longer?  Yes  No

(if yes) Please provide clinical support for longer than short-term treatment (4 to 6 months) in your patient.

- Yes  No

Is there documentation of beneficial response?

- Yes  No

Was your patient previously approved by Cigna to receive this drug?

- Yes  No

(if new) Is the prescriber requesting MORE THAN the maximum dosage of 6 pellets (450mg), implanted no more frequently than every 90 days?  Yes  No

(if reauth) Is the prescriber requesting a dosage of MORE THAN 6 pellets (450mg), implanted no more frequently than every 90 days?  Yes  No

(if yes) Has the prescriber documented continued signs and symptoms of androgen deficiency?  Yes  No

(if yes) Does the patient have a persistent low serum testosterone level that was drawn in the early morning and is defined as any of the following? Please include lab report.

- Total testosterone level below the laboratory's normal reference range
- Free testosterone level below the laboratory's normal reference range
- None of the above
- Unknown

(if free T) Was the free testosterone level performed by equilibrium dialysis assay?  Yes  No

Please provide the details (date/time of draw and results, including the lab's normal reference range). If details cannot be provided, please update the previous answer to "none of the above/unknown".

(if yes) How many TOTAL pellets are being requested? The usual maximum dosage is 6 pellets.

- 7 pellets
- 8 pellets
- 9 pellets
- 10 pellets
- 11 or more pellets

Please provide clinical support for the use of this drug in your patient (including disease stage, prior therapy, performance status, and names/doses/admin schedule of any agents to be used concurrently).

Is the requested medication for a chronic or long-term condition for which the prescription medication may be necessary for the life of the patient?  Yes  No

**Diagnosis related to use:**

- Hypogonadism (Primary or Secondary) in Males [Testicular Hypofunction/Low Testosterone with Symptoms]
- Delayed Puberty or Induction of Puberty in Males
- Gender-Dysphoric/Gender-Incongruent Persons; Persons Undergoing Female-To-Male (FTM) Gender Reassignment (that is, endocrinologic masculinization)
- To Enhance Athletic Performance
- none of the above (please specify):

**Clinical Information:**

**\*\*This drug requires supportive documentation (chart notes, lab and test results, etc). Supportive documentation for all answers must be attached with this request\*\***

(if Hypogonadism) \*\*Is your patient male? Yes  No

(if Hypogonadism) \*\*Is your patient 18 years of age or older? Yes  No

(if Hypogonadism) Will your patient use Testopel with other testosterone products concurrently? Yes  No

**if Hypogonadism, if new start:**

(if Hypogonadism) Prior to Testopel, did/does your patient have persistent pre-treatment signs and symptoms of androgen deficiency (for example depressed mood, decreased energy, progressive decrease in muscle mass, osteoporosis, and loss of libido)? Yes  No

(if yes) Please provide those signs or symptoms that your patient is experiencing.

(if Hypogonadism) Prior to Testopel, did your patient have a low serum testosterone level that was drawn in the early morning and is defined as any of the following? Please include lab report.

- Total testosterone level below the laboratory's normal reference range
- Free testosterone level below the laboratory's normal reference range
- None of the above
- Unknown

(if free T) Was the free testosterone level performed by equilibrium dialysis assay? Yes  No

Please provide the details (date/time of draw and results, including the lab's normal reference range). If details cannot be provided, please update the previous answer to "none of the above/unknown".

(if Hypogonadism) Prior to Testopel, did your patient have a SECOND low serum testosterone level that was drawn in the early morning ON A DIFFERENT DAY and is defined as any of the following? Please include lab report.

- Total testosterone level below the laboratory's normal reference range
- Free testosterone level below the laboratory's normal reference range
- None of the above
- Unknown

(if free T) Was the free testosterone level performed by equilibrium dialysis assay? Yes  No

Please provide the details (date/time of draw and results, including the lab's normal reference range). If details cannot be provided, please update the previous answer to "none of the above/unknown".

**if Hypogonadism, if continuation:**

(if Hypogonadism) Are PRE-TREATMENT clinical records available (including lab records of testosterone levels and chart notes documenting signs and symptoms experienced BEFORE starting Testopel)?

- Yes  
 No (records lost or unable to provide pre-treatment clinical information)

(if yes) Prior to Testopel, did/does your patient have persistent pre-treatment signs and symptoms of Androgen Deficiency (for example, depressed mood, decreased energy, progressive decrease in muscle mass, Osteoporosis, and loss of libido)?

Yes  No

(if yes) Please provide those signs or symptoms that your patient was experiencing.

Prior to Testopel, did your patient have a Low Serum Testosterone Level that was drawn in the early morning and is defined as any of the following? Please include lab report.

- Total Testosterone Level below the laboratory's normal reference range  
 Free Testosterone Level below the laboratory's normal reference range  
 None of the above  
 Unknown

(if Free) Was the Free Testosterone Level performed by Equilibrium Dialysis Assay?

Yes  No

Please provide the details (date/time of draw and results, including the lab's normal reference range). If details cannot be provided, please update the previous answer to "none of the above/unknown".

(if no [records lost or unable to provide pre-treatment clinical info]) Does your patient have a RECENT serum testosterone (total or free) measurement?

Yes  No

(if yes) Did this recent testosterone level indicate appropriate treatment while receiving testosterone replacement therapy, as defined by any of the following? Please provide lab report.

- Total Testosterone level WITHIN the normal laboratory reference values  
 Free Testosterone Level WITHIN the laboratory's normal reference range  
 None of the above  
 Unknown

(if Free) Was the Free Testosterone Level performed by Equilibrium Dialysis Assay?

Yes  No

Please provide the details (date/time of draw and results, including the lab's normal reference range). If details cannot be provided, please update the previous answer to "none of the above/unknown".

(if Delayed) \*\*Is your patient male?

Yes  No

(if Delayed) \*\*Is your patient 14 years of age or older?

Yes  No

(if Delayed) Prior to Testopel, is there documentation that your patient has/had limited or no signs of puberty?

Yes  No

(if gender) Is this drug being prescribed by, or in consultation with, an endocrinologist or a physician who specializes in the treatment of transgender individuals?

Yes  No

**Additional pertinent information:** *(please include clinical support for the use of this drug in your patient)*

Attestation: I attest the information provided is true and accurate to the best of my knowledge. I understand that the Health Plan or insurer its designees may perform a routine audit and request the medical information necessary to verify the accuracy of the information reported on this form.

**Prescriber Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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