



Fax completed form to: (855) 840-1678

If this is an URGENT request, please call (800) 882-4462 (800.88.CIGNA)

**Otulfi SC, Pyzchiva SC, Stelara SC,
Ustekinumab SC (by Janssen)**
(ustekinumab SC)

PHYSICIAN INFORMATION			PATIENT INFORMATION		
* Physician Name:			* Due to privacy regulations we will not be able to respond via fax with the outcome of our review unless all asterisked (*) items on this form are completed*		
Specialty:	* DEA, NPI or TIN:				
Office Contact Person:			* Patient Name:		
Office Phone:			* Cigna ID:	* Date of Birth:	
Office Fax:			* Patient Street Address:		
Office Street Address:			City:	State:	Zip:
City:	State:	Zip:	Patient Phone:		
Urgency: <input type="checkbox"/> Standard			<input type="checkbox"/> Urgent (In checking this box, I attest to the fact that applying the standard review time frame may seriously jeopardize the customer's life, health, or ability to regain maximum function)		
Medication requested: <input type="checkbox"/> Otulfi 45 mg/0.5ml vials <input type="checkbox"/> Pyzchiva 45 mg/0.5ml vials <input type="checkbox"/> Stelara 45 mg/0.5ml vials <input type="checkbox"/> Ustekinumab 45 mg/0.5ml vials <input type="checkbox"/> Other					
Dose and Quantity:		Duration of therapy:		J-Code:	
Frequency of administration:			ICD10:		
What is your patient's current weight? _____ kg/lb					
Where will this medication be obtained? <input type="checkbox"/> Accredo Specialty Pharmacy** <input type="checkbox"/> Hospital Outpatient <input type="checkbox"/> Retail pharmacy <input type="checkbox"/> Other (please specify): <div style="float: right;"> <input type="checkbox"/> Home Health / Home Infusion vendor <input type="checkbox"/> Physician's office stock (billing on a medical claim form) <i>**Cigna's nationally preferred specialty pharmacy</i> </div>					
<small>**Medication orders can be placed with Accredo via E-prescribe - Accredo (1620 Century Center Pkwy, Memphis, TN 38134-8822 NCPDP 4436920), Fax 888.302.1028, or Verbal 866.759.1557</small>					
Facility and/or doctor dispensing and administering medication: Facility Name: _____ State: _____ Tax ID#: _____ Address (City, State, Zip Code): _____					
Is the requested medication for a chronic or long-term condition for which the prescription medication may be necessary for the life of the patient? _____ <input type="checkbox"/> Yes <input type="checkbox"/> No					
What is the indication or diagnosis? <input type="checkbox"/> Ankylosing Spondylitis <input type="checkbox"/> Crohn's Disease <input type="checkbox"/> Plaque Psoriasis <input type="checkbox"/> Psoriatic arthritis <input type="checkbox"/> Ulcerative colitis <input type="checkbox"/> All other indications					

Clinical Information:

Will the requested medication be given in combination with a BIOLOGIC or in combination with a targeted synthetic oral small molecule drug?

- Biologic (an adalimumab product [Humira, biosimilar], Bimzelx, Cimzia, Cosentyx [IV or SC], etanercept SC product [Enbrel, biosimilar], Entyvio [IV or SC], Ilumya, infliximab IV products [Remicade, biosimilar], Kevzara, Kineret, Omvoh [IV or SC], Orencia [IV or SC], a rituximab IV product [Rituxan, biosimilar], Skyrizi [IV or SC], Siliq, Simponi [Aria or SC], Taltz, a tocolizumab product [Actemra (IV or SC), biosimilar], Tremfya [IV or SC], an ustekinumab product [Stelara (IV or SC), biosimilar] or Zymfentra)
- Targeted synthetic oral small molecule drug (such as Cibinqo, Leqselvi, Lifulo, Sotyktu, Olumiant, Otezla, Otezla XR, Rinvoq, Rinvoq LQ, Xeljanz, Xeljanz XR, Velsipity, or Zeposia)
- Conventional synthetic DMARD (such as methotrexate, leflunomide, sulfasalazine, hydroxychloroquine)
- No, the requested medication will NOT be used in combination with another BIOLOGIC or targeted synthetic oral small molecule drug

If Otulvi SC or Pyzchiva SC is requested:

Is documentation being provided to confirm that the patient has tried ALL of Selarsdi, ustekinumab-ttwe, and Yesintek subcutaneous? PLEASE NOTE: A trial of Pyzchiva counts toward a trial of ustekinumab-ttwe. A trial of ustekinumab-aekn counts towards a trial of Selarsdi. Medical documentation specific to your response must be attached to this case or your request may be denied. Documentation may include, but is not limited to, chart notes, laboratory results, medical test results, claims records, prescription receipts, and/or other information. All documentation must include patient-specific identifying information.

Yes No

Is documentation being provided confirming that the patient cannot continue to use ALL Preferred medications (that is, Selarsdi, ustekinumab-ttwe, and Yesintek subcutaneous) due to formulation differences in the inactive ingredient(s) [for example, differences in stabilizing agent, buffering agent, and/or surfactant] which, according to the prescriber, would result in a significant allergy or serious adverse reaction? PLEASE NOTE: Medical documentation specific to your response must be attached to this case or your request may be denied. Documentation may include, but is not limited to, chart notes, laboratory results, medical test results, claims records, prescription receipts, and/or other information. All documentation must include patient-specific identifying information.

Yes No

If Stelara SC or Ustekinumab SC is requested:

Is documentation being provided to confirm that the patient has tried ONE of Selarsdi, ustekinumab-ttwe, or Yesintek subcutaneous? PLEASE NOTE: Medical documentation specific to your response must be attached to this case or your request may be denied. Documentation may include, but is not limited to, chart notes, laboratory results, medical test results, claims records, prescription receipts, and/or other information. All documentation must include patient-specific identifying information.

Yes No

Is documentation being provided confirming that the patient cannot continue to use the Preferred medications (that is, Selarsdi, ustekinumab-ttwe, or Yesintek subcutaneous) due to formulation differences in the inactive ingredient(s) [for example, differences in stabilizing agent, buffering agent, and/or surfactant] which, according to the prescriber, would result in a significant allergy or serious adverse reaction? PLEASE NOTE: Medical documentation specific to your response must be attached to this case or your request may be denied. Documentation may include, but is not limited to, chart notes, laboratory results, medical test results, claims records, prescription receipts, and/or other information. All documentation must include patient-specific identifying information.

Yes No

For Crohn's Disease:

(if Crohn's) Is the patient currently receiving the requested medication?

Yes No

(if currently receiving) Has the patient already received at least 6 months of therapy with the requested medication? Please Note: Answer No if the patient has received less than 6 months of therapy or if the patient is restarting therapy with an ustekinumab product.

Yes No

(if yes) When assessed by at least one objective measure, has the patient experienced a beneficial clinical response from baseline (prior to initiating an ustekinumab product)? Please Note: Examples of objective measures include fecal markers (for example, fecal lactoferrin, fecal calprotectin), serum markers (for example, C-reactive protein), imaging studies (magnetic resonance enterography [MRE], computed tomography enterography [CTE]), endoscopic assessment, and/or reduced dose of corticosteroids.

Yes No

(if no) Compared with baseline (prior to initiating the requested medication), has the patient experienced an improvement in at least one symptom, such as decreased pain, fatigue, stool frequency, and/or blood in stool?

Yes No

(if initial therapy) Is the requested medication prescribed by or in consultation with a gastroenterologist?

Yes No

(if initial therapy) According to the prescriber, will the patient receive a single induction dose with ustekinumab IV within 2 months of initiating therapy with ustekinumab SC? Please Note: If the patient has already received this induction dose with ustekinumab IV prior to starting ustekinumab SC, please answer yes to this question.

Yes No

(if initial therapy) Has the patient tried corticosteroids, or is the patient currently on corticosteroids, or are corticosteroids contraindicated in this patient?

Yes No

(if no) Has the patient tried one conventional systemic therapy for Crohn's disease? Please Note: Examples of conventional systemic therapy for Crohn's disease include azathioprine, 6-mercaptopurine, or Methotrexate (MTX).

Yes No

(if no) Has the patient tried a biologic other than the requested drug? Please Note: A biosimilar of the requested biologic does not count. Examples of biologics include Cimzia, Entyvio (IV or SC), an adalimumab product (for example, Humira, biosimilars), an infliximab product (for example, Remicade, biosimilars), Skyrizi (SC or IV), Omvoh (IV or SC) or Tremfya (IV or SC). Yes No

(if no) Does the patient have enterocutaneous (perianal or abdominal) or rectovaginal fistulas? Yes No

(if no) Has the patient had ileocolonic resection (to reduce the chance of Crohn's disease recurrence)? Yes No

For Plaque Psoriasis:

Is the patient currently receiving the requested medication? Yes No

(if currently receiving) Has the patient already received at least 3 months of therapy with the requested medication? Please Note: Answer No if the patient has received less than 3 months of therapy or if the patient is restarting therapy with an ustekinumab product. Yes No

(if PsO, continued therapy) Has the patient experienced a beneficial clinical response, defined as improvement from baseline (prior to initiating an ustekinumab product) in at least one of the following: estimated body surface area, erythema, induration/thickness, and/or scale of areas affected by psoriasis? Yes No

(if PsO, continued therapy) Compared with baseline (prior to receiving an ustekinumab product), has the patient experienced an improvement in at least one symptom, such as decreased pain, itching, and/or burning? Yes No

Is the requested medication being prescribed by or in consultation with a dermatologist? Yes No

Has the patient tried at least one traditional systemic agent for psoriasis for at least 3 months, unless intolerant? Please Note: Examples of traditional systemic agents used for psoriasis include methotrexate, cyclosporine, or acitretin. A 3-month trial of psoralen plus ultraviolet A light (PUVA) also counts. Yes No

(if no) Has the patient already had a 3-month trial or previous intolerance to at least one biologic (other than the requested medication), Otezla/Otezla XR (apremilast tablets/extended-release tablets), or Sotyktu (deucravacitinib tablets)? Please Note: A biosimilar of the requested biologic does not count. Examples of biologics include Cimzia (certolizumab pegol SC injection), Bimzelx, an adalimumab product (Humira, biosimilars), an etanercept product (Enbrel, biosimilars), an infliximab IV product (Remicade, biosimilars), Cosentyx (secukinumab for SC injection), Ilumya (tildrakizumab SC injection), Siliq (brodalumab SC injection), Skyrizi (risankizumab SC injection), Taltz (ixekizumab for SC injection), or Tremfya (guselkumab SC injection). A patient who has already tried a biologic for psoriasis, Otezla/Otezla XR, or Sotyktu is not required to "step back" and try a traditional systemic agent for psoriasis. Yes No

(if no) According to the prescriber, does the patient have a contraindication to methotrexate? Yes No

If Psoriatic Arthritis:

Is the patient currently receiving the requested medication? Yes No

Has the patient already received at least 6 months of therapy with the requested medication? Please Note: Answer No if the patient has received less than 6 months of therapy or if the patient is restarting therapy with an ustekinumab product. Yes No

(if PsA) Is the requested medication being prescribed by or in consultation with a rheumatologist or a dermatologist? Yes No

(if continued therapy) When assessed by at least one objective measure, has the patient experienced a beneficial clinical response from baseline (prior to initiating an ustekinumab product)? Please Note: Examples of standardized measures of disease activity include Disease Activity Index for Psoriatic Arthritis (DAPSA), Composite Psoriatic Disease Activity Index (CPDAI), Psoriatic Arthritis Disease Activity Score (PsA DAS), Grace Index, Leeds Enthesitis Score (LEI), Spondyloarthritis Consortium of Canada (SPARCC) enthesitis score, Leeds Dactylitis Instrument Score, Minimal Disease Activity (MDA), Psoriatic Arthritis Impact of Disease (PsAID-12), and/or serum markers (for example, C-reactive protein, erythrocyte sedimentation rate). Yes No

(if continued therapy) Compared with baseline (prior to initiating the requested medication), has the patient experienced an improvement in at least one symptom, such as less joint pain, morning stiffness, or fatigue; improved function or activities of daily living; decreased soft tissue swelling in joints or tendon sheaths? Yes No

If Ulcerative Colitis:

Is the patient currently receiving the requested medication? Yes No

Has the patient already received at least 6 months of therapy with the requested medication? Please Note: Answer No if the patient has received less than 6 months of therapy or if the patient is restarting therapy with an ustekinumab product. Yes No

(if continued therapy) When assessed by at least one objective measure, has the patient experienced a beneficial clinical response from baseline (prior to initiating the requested medication)? Please Note: Examples of assessment for inflammatory response include fecal markers (for example, fecal calprotectin), serum markers (for example, C-reactive protein), endoscopic assessment, and/or reduced dose of corticosteroids. Yes No

Compared with baseline (prior to initiating the requested medication), has the patient experienced an improvement in at least one symptom, such as decreased pain, fatigue, stool frequency, and/or decreased rectal bleeding? Yes No

(if initial) Is the requested medication prescribed by or in consultation with a gastroenterologist? Yes No

(if initial) According to the prescriber, will the patient receive a single induction dose with ustekinumab IV within 2 months of initiating therapy with ustekinumab SC? Please Note: If the patient has already received this induction dose with ustekinumab IV prior to starting ustekinumab SC, please answer yes to this question. Yes No

Additional pertinent information:

Attestation: I attest the information provided is true and accurate to the best of my knowledge. I understand that the Health Plan or insurer its designees may perform a routine audit and request the medical information necessary to verify the accuracy of the information reported on this form.

Prescriber Signature: _____ **Date:** _____

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