

# **DRUG QUANTITY MANAGEMENT POLICY - PER RX**

**POLICY:** Cardiology – Verguvo Drug Quantity Management Policy – Per Rx

Verquvo<sup>®</sup> (vericiguat tablets – Merck)

**REVIEW DATE:** 04/22/2024

#### INSTRUCTIONS FOR USE

The following Coverage Policy applies to health benefit plans administered by Cigna Companies. Certain Cigna COMPANIES AND/OR LINES OF BUSINESS ONLY PROVIDE UTILIZATION REVIEW SERVICES TO CLIENTS AND DO NOT MAKE COVERAGE DETERMINATIONS. REFERENCES TO STANDARD BENEFIT PLAN LANGUAGE AND COVERAGE DETERMINATIONS DO NOT APPLY TO THOSE CLIENTS. COVERAGE POLICIES ARE INTENDED TO PROVIDE GUIDANCE IN INTERPRETING CERTAIN STANDARD BENEFIT PLANS ADMINISTERED BY CIGNA COMPANIES. PLEASE NOTE, THE TERMS OF A CUSTOMER'S PARTICULAR BENEFIT PLAN DOCUMENT [GROUP SERVICE AGREEMENT, EVIDENCE OF COVERAGE, CERTIFICATE OF COVERAGE, SUMMARY PLAN DESCRIPTION (SPD) OR SIMILAR PLAN DOCUMENT] MAY DIFFER SIGNIFICANTLY FROM THE STANDARD BENEFIT PLANS UPON WHICH THESE COVERAGE POLICIES ARE BASED. FOR EXAMPLE, A CUSTOMER'S BENEFIT PLAN DOCUMENT MAY CONTAIN A SPECIFIC EXCLUSION RELATED TO A TOPIC ADDRESSED IN A COVERAGE POLICY. IN THE EVENT OF A CONFLICT, A CUSTOMER'S BENEFIT PLAN DOCUMENT ALWAYS SUPERSEDES THE INFORMATION IN THE COVERAGE POLICIES. IN THE ABSENCE OF A CONTROLLING FEDERAL OR STATE COVERAGE MANDATE, BENEFITS ARE ULTIMATELY DETERMINED BY THE TERMS OF THE APPLICABLE BENEFIT PLAN DOCUMENT. COVERAGE DETERMINATIONS IN EACH SPECIFIC INSTANCE REQUIRE CONSIDERATION OF 1) THE TERMS OF THE APPLICABLE BENEFIT PLAN DOCUMENT IN EFFECT ON THE DATE OF SERVICE; 2) ANY APPLICABLE LAWS/REGULATIONS; 3) ANY RELEVANT COLLATERAL SOURCE MATERIALS INCLUDING COVERAGE POLICIES AND; 4) THE SPECIFIC FACTS OF THE PARTICULAR SITUATION. EACH COVERAGE REQUEST SHOULD BE REVIEWED ON ITS OWN MERITS. MEDICAL DIRECTORS ARE EXPECTED TO EXERCISE CLINICAL JUDGMENT AND HAVE DISCRETION IN MAKING INDIVIDUAL COVERAGE DETERMINATIONS. COVERAGE POLICIES RELATE EXCLUSIVELY TO THE ADMINISTRATION OF HEALTH BENEFIT PLANS. COVERAGE POLICIES ARE NOT RECOMMENDATIONS FOR TREATMENT AND SHOULD NEVER BE USED AS TREATMENT GUIDELINES. IN CERTAIN MARKETS, DELEGATED VENDOR GUIDELINES MAY BE USED TO SUPPORT MEDICAL NECESSITY AND OTHER COVERAGE DETERMINATIONS.

# CIGNA NATIONAL FORMULARY COVERAGE:

# **OVERVIEW**

Verquvo, a soluble guanylate cyclase (sGC), is indicated is indicated to **reduce the risk of cardiovascular death and heart failure hospitalization** following a hospitalization for heart failure or need for outpatient intravenous diuretics, in adults with symptomatic chronic heart failure and ejection fraction < 45%.<sup>1</sup>

# Dosing

The recommended starting dose of Verquvo is 2.5 mg orally once daily (QD) with food.<sup>1</sup> The dose of Verquvo should be doubled approximately every 2 weeks as tolerated up to the target maintenance dose of 10 mg QD. For patients who are unable to swallow whole tablets, they may be crushed and mixed with water immediately prior to administration.

# **Availability**

Verquvo is available as 2.5 mg, 5 mg, and 10 mg tablets.<sup>1</sup> The 2.5 mg and 5 mg tablets are supplied in bottles of 14 or 30 tablets and cartons of 100 tablets (10 blister packs of 10 tablets each). The 10 mg tablets are supplied in 30 and 90 count bottles, as well as cartons of 100 tablets (10 blister packs of 10 tablets each).

# **POLICY STATEMENT**

This Drug Quantity Management program has been developed to promote the safe, effective, and economic use of Verquvo. If the Drug Quantity Management rule is not met for the requested medication at the point of service, coverage will be determined by the Criteria below. All approvals are provided for the duration noted below.

**Drug Quantity Limits** 

Product	Strength and Form	Retail Maximum Quantity per Rx	Home Delivery Maximum Quantity per Rx
Verquvo® (vericiguat tablets)	2.5 mg tablets	30 tablets	90 tablets
	5 mg tablets	30 tablets	90 tablets
	10 mg tablets	30 tablets	90 tablets

Cardiology – Verquvo Drug Quantity Management Policy – Per Rx product(s) is(are) covered as medically necessary when the following criteria is(are) met. Any other exception is considered not medically necessary.

#### **CRITERIA**

# Verguvo 2.5 mg tablets

**1.** If the patient's dose is increasing from 2.5 mg to 5 mg once daily, approve a one-time override of 60 tablets at retail or home delivery.

# Verguvo 5 mg tablets

**1.** If the patient's dose is increasing from 5 mg to 10 mg once daily, approve a one-time override of 60 tablets at retail or home delivery.

# Verguvo 10 mg tablets

No overrides recommended.

# **R**EFERENCES

1. Verguvo® tablets [prescribing information]. Rahway, NJ: Merck; May 2023.

#### **HISTORY**

Type of Revision	Summary of Changes	Review Date
Annual Revision	Policy was updated to reflect the existing quantity limits when a product is obtained via home delivery.	04/06/2023
	No criteria changes.	

<sup>3</sup> Pages - Cigna National Formulary Coverage - Policy:Cardiology - Verquvo Drug Quantity Management Policy - Per Rx

Annual	No criteria changes.	04/22/2024
Revision		

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