



STEP THERAPY POLICY

POLICY: Migraine Medication Step Therapy Policy

Injectable Triptans

- Imitrex® (sumatriptan injection – GlaxoSmithKline, generic)
- Zembrace® SymTouch® (sumatriptan injection – Dr. Reddy's Labs)

Oral Triptans

- Amerge® (naratriptan tablets – GlaxoSmithKline, generic)
- Axert® (almotriptan tablets – Ortho-McNeil, generic)
- Frova® (frovatriptan tablets – Endo, generic)
- Imitrex® (sumatriptan tablets – GlaxoSmithKline, generic)
- Maxalt® (rizatriptan tablets – Merck, generic)
- Maxalt MLT® (rizatriptan orally disintegrating tablets – Merck, generic)
- Relpax® (eletriptan tablets – Pfizer, generic)
- Treximet® (sumatriptan and naproxen sodium tablets – Pernix, generic)
- Zomig® (zolmitriptan tablets – AstraZeneca, generic)
- Zomig-ZMT® (zolmitriptan orally disintegrating tablets – AstraZeneca, generic)

Nasal Medications

- Imitrex® (sumatriptan nasal spray – GlaxoSmithKline, generic)
- Migranal® (dihydroergotamine mesylate nasal spray – Valeant, generic)
- Onzetra® Xsail® (sumatriptan nasal powder – Currax)
- Tosymra® (sumatriptan nasal spray – Promius)
- Trudhesa™ (dihydroergotamine mesylate nasal spray – Impel)
- Zomig® (zolmitriptan nasal spray – AstraZeneca, generic)

REVIEW DATE: 03/22/2023

INSTRUCTIONS FOR USE

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CIGNA NATIONAL FORMULARY COVERAGE:

OVERVIEW

All of the triptan medications, including Treximet (the combination sumatriptan-naproxen sodium agent), are indicated for the **treatment of migraine headache** with or without aura in adults and are not intended to be used as prophylactic migraine therapy or to manage hemiplegic or basilar migraine.¹⁻¹⁴ Only sumatriptan injection is approved for the treatment of cluster headache.¹⁰ Safety and efficacy have not been established for treatment of cluster headache for the oral dosage forms of all triptans.¹⁻⁸ Some of the triptan medications are also indicated for use in children and/or adolescents. Almotriptan is approved for the treatment of migraine headache pain in adolescent patients 12 to 17 years of age with a history of migraine attacks with or without aura usually lasting 4 hours or more (when untreated).⁶ Rizatriptan is approved for the acute treatment of migraine with or without aura in patients ≥ 6 years of age.³ Treximet and zolmitriptan nasal spray are approved for the acute treatment of migraine with or without aura in patients ≥ 12 years of age.^{8,11}

Rizatriptan orally disintegrating tablets and zolmitriptan orally disintegrating tablets offer the convenience of not requiring liquids for oral administration.^{4,5} Treximet offers the convenience of two agents (triptan and non-steroidal anti-inflammatory drug [NSAID]) with pharmacologically different mechanisms of action in one tablet.⁹

Migranal and Trudhesa, ergot alkaloids, are nasal sprays indicated for the **acute treatment of migraine headaches** in adults with or without aura.^{15,16} Migranal and Trudhesa are not intended for the prophylactic therapy of migraine or for the management of hemiplegic or basilar migraine.

POLICY STATEMENT

This program has been developed to encourage the use of a Step 1 Product prior to the use of a Step 2 Product. If the Step Therapy rule is not met for a Step 2 Product at the point of service, coverage will be determined by the Step Therapy criteria below. All approvals are provided for 1 year in duration.

Migraine Medication product(s) is(are) covered as medically necessary when the following step therapy criteria is(are) met. Any other exception is considered not medically necessary.

Step 1: generic almotriptan tablets, generic eletriptan tablets, generic frovatriptan tablets, generic naratriptan tablets, generic rizatriptan tablets, generic rizatriptan orally disintegrating tablets, generic sumatriptan tablets,

generic sumatriptan nasal spray, generic sumatriptan injection, generic zolmitriptan orally disintegrating tablets, generic zolmitriptan tablets

Step 2: Amerge tablets, Axert tablets, Frova tablets, Imitrex tablets, Imitrex Nasal Spray, Imitrex Injection, Maxalt tablets, Maxalt MLT, Migranal (brand and generic), Onzetra Xsail, Relpax, Tosymra, Treximet tablets (brand and generic), Trudhesa, Zembrace Symtouch, Zomig tablets, Zomig-ZMT, Zomig nasal spray, zolmitriptan nasal spray

CRITERIA

1. If the patient has tried one Step 1 Product, approve a Step 2 Product.
Note: Zomig Nasal Spray with DAW 9 (indicating that substitution is allowed by the prescriber but the Plan requests brand) will also count as a Step 1 Product.

REFERENCES

1. Frova[®] tablets [prescribing information]. Malvern, PA; Endo; August 2018.
2. Amerge[®] tablets [prescribing information]. Research Triangle Park, NC: GlaxoSmithKline; November 2016.
3. Maxalt[®] tablets and Maxalt-MLT[®] orally disintegrating tablets [prescribing information]. Whitehouse Station, NJ: Merck; October 2019.
4. Zomig[®] tablets and Zomig-ZMT[®] orally disintegrating tablets [prescribing information]. Wilmington, DE: AstraZeneca; December 2018.
5. Imitrex[®] tablets [prescribing information]. Research Triangle Park, NC: GlaxoSmithKline; December 2020.
6. Axert[®] tablets [prescribing information]. Raritan, NJ: Ortho-McNeil; May 2017.
7. Relpax[®] tablets [prescribing information]. New York, NY: Pfizer; March 2020.
8. Treximet[®] tablets [prescribing information]. Morristown, NJ: Pernix; April 2021.
9. Imitrex[®] nasal spray [prescribing information]. Research Triangle Park, NC: GlaxoSmithKline; December 2017.
10. Imitrex[®] injection [prescribing information]. Research Triangle Park, NC: GlaxoSmithKline; December 2021.
11. Zomig[®] nasal spray [prescribing information]. Wilmington, DE: AstraZeneca; December 2018.
12. Onzetra[®] Xsail[®] nasal powder [prescribing information]. Morristown, NJ: Currax; December 2019.
13. Zembrace[®] SymTouch[®] injection [prescribing information]. Princeton, NJ: Promius; June 2019.
14. Tosymra[®] nasal spray [prescribing information]. Princeton, NJ: Promius; January 2019.
15. Migranal[®] nasal spray [prescribing information]. Bridgewater, NJ: Valeant; April 2022.
16. Trudhesa[™] nasal spray [prescribing information]. Seattle, WA: Impel; September 2021.

HISTORY

Type of Revision	Summary of Changes	Review Date
Annual Revision	No criteria changes.	03/16/2022
Update	04/18/2022: Addition of the following note: Note: Zomig Nasal Spray with DAW 9 (indicating that substitution is allowed by the prescriber but the Plan requests brand) will also count as a Step 1 Product.	--
Annual Revision	Alsuma: Removed from policy. Obsolete for > 3 years. Sumavel DosePro: Removed from policy. Obsolete for > 3 years.	03/22/2023

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